

Anesthesia Instructions

Your child has been scheduled to receive dental treatment under general anesthesia. The medications that will be administered to your child will allow him or her to undergo their needed dental care in a safe and comfortable manner. The following guidelines must be followed. Failure to follow these instructions could put your child at unnecessary risk and result in cancellation of the appointment.

1. Eating and Drinking

NO solid food after midnight. CLEAR liquids (water, apple juice) may be consumed up to 2 hours prior the appointment. NO MILK or other drinks.

2. Clothing

- Please have your child dress in comfortable, loose clothing
- Please remove earrings, necklaces, and bracelets prior to the appointment as they can interfere with monitors
- If your child is young, consider bringing an extra pair of clothes or placing them in a diaper or pull-up
- Encourage your child to use the restroom before the appointment

3. Medications

- Take all regularly scheduled medication as prescribed with a small sip of water
- IF any medications are required to be taken with food, please inform our office
- IF your child has **ASTHMA** or other breathing problems, please inform our office to discuss a Pretreatment regimen for your child
- IF your child has diabetes, please inform our office to discuss feeding or insulin regimens

4. Sickness

- Please contact our office as soon as possible to report any changes in general health fever, sore throat, productive cough, runny nose, etc.

5. Escort

- Please allow for at least one adult/parent to remain at the office during the procedure
- You must arrange for two adults to escort your child home after the procedure
- No other children are to be brought to the appointment
- For the safety of your child, **NO ONE** is allowed in the treatment area during the procedure

6. Other

- Bring a pillow and blanket for the ride home
- Do not change your child's daily routine prior to the appointment. Please do not have them stay up late or eat very little the night before the appointment
- Please make arrangements to have appropriate supervision after the appointment
- If you have any questions or concerns about these instructions, please contact our office at 919-852-1322

Parent/Legal Guardian: _____ Date: _____

Dr. Elliott/Dr. Molina: _____ Date: _____